

**Theraplay® Level 1 Training**  
**November 5-26, 2020 (Thursdays)**  
**1:00pm-5:00pm CST (plus online self-paced\* learning modules)**

**Theraplay® and The Marschak Interaction Method Assessment (MIM) are combined in this four-day training.**

**Theraplay®** is a short-term, structured therapy which focuses on enhancing attachments. It promotes self-esteem, language skills, behavioural skills, social skills as well as enhances relationships between significant others. Theraplay can be used with a single child, an entire family or with groups of children. Professionals around the world have been trained in Theraplay and are using Theraplay in a wide variety of settings and populations, including: Attachment therapy for foster/adopted children, Therapy for trauma and abuse victims, Therapy for children with behavioral and developmental problems, and Group settings such as schools and residential treatment facilities.

**The Marschak Interaction Method Assessment (MIM)** is a structured technique for observing and assessing the relationship between two individuals, for example, biological parent and child, foster or adoptive parent and child, supportive caregiver and child. It consists of a series of simple tasks designed to elicit a range of behaviours in four dimensions.

**Learning objectives of this course include:**

- Understanding of the history and theory of Theraplay®;
- Increased knowledge on the interactional basis of parent-infant attachment and self-esteem;
- Skill development in the differentiation and use of the four Theraplay® dimensions;
- Knowledge of how Theraplay® is used to meet the needs of children with behavior problems, foster and adopted children, autistic children, adolescents, and traumatized children;
- Knowledge of how parents are guided to empathically observe and participate in Theraplay® sessions aimed at fostering better parent-child attachment.
- Knowledge of how to administer the MIM including methods of recording non-verbal and verbal behaviors, making inferences and formulating hypotheses;
- Knowledge of how an MIM report is organized;
- Knowledge of how a feedback session is conducted;
- Knowledge of how the MIM is used as a guideline for planning treatment.

**Theraplay® training workshops are intensive, active and rewarding.** The number of participants is limited so that each person can receive the special attention that makes for a good training experience. There are opportunities to:

- Observe live and/or video taped treatment of a family, including the assessment via the Marschak Interaction Method, feedback to the parents, and several Theraplay® sessions
- Watch videotapes of treatment with a variety of clients
- Practice the use of Theraplay® techniques
  - Plan how each participant can use Theraplay® with their own clients



## Online Introduction to Theraplay and Marschak Interaction Method Training

Will be offered through the learning platform **Thinkific**

Will include webinar which include viewing of videos, online face-to-face sessions, readings, and assignments.

Components covered will include the following topics and provide 26 Unit hours of learning: will take place across 4 weeks:

### WEEK ONE (November 5)

#### Topics include zoom class (1:00-5:00pm CST) plus\* independent \*learning webinars and assignments:

- get to know instructor, and introduce each group participants,
- review lesson outlines and schedule for course and for learning – review of learning materials – webinars, video clips, text readings and assignments
- History, Uses of Theraplay
- The Theory of Theraplay
- Dimensions of Theraplay
- Treatment Process
- Practice of Activities
- Marschak Interaction Method (MIM)

### WEEK TWO (November 12)

#### Topics include zoom class (1:00-5:00pm CST) plus\* independent learning webinars and assignments:

- MIM Feedback Discussion
- Parent Practice Session
- Understanding the Sequence of a Theraplay session
- Planning a Theraplay Session
- The value of touch in Theraplay
- Practice Structure Engagement Nurture and Challenge

### WEEK THREE (November 19)

#### Topics include zoom class (1:00-5:00pm CST) plus\* independent learning webinars and assignments:

- Suggested Theraplay Materials
- Phases of Treatment
- Trauma Modifications for Theraplay
- Working with Resistant Behaviour

### WEEK THREE (November 26)

#### Topics include zoom class (1:00-5:00pm CST) plus\* independent learning webinars and assignments:

- Modifications and accommodations when using Theraplay with children experiencing Foster Care, Adoption, Adolescents, Special Needs,
- Brief overview with samples of Family Theraplay, Group Theraplay
- Review of Theraplay Certification processes