



Institute of Child Psychology

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Anxiety:

The Huge Bag of Worries: Virginia Ironside

What to do when my Worries Get too big: Kari Dunn Buron

What to do when you Worry Too much: Dawn Huebner

The Kissing Hand : Audrey Penn

The Invisible String: Patrice Karst

Treating Childhood and Adolescent Anxiety: E. Lebowitz and H. Omer

Anxious Kids, Anxious Parents: : Lyons, Lynn and Wilson

The Relaxation and Stress Reduction Workbook for Teens: Tompkins, Barkin et al.

The Hurried Child: David Elkind

Sensitivity:

The Highly Sensitive Child: E. Aron

Trauma

Through a Childs Eyes: Peter E Levine & Maggie Kline

The Boy Who Was Raised as a Dog: Bruce Perry & Maia Szalavitz

Helping Abused and Traumatized Children: Eliana Gil

A Terrible Thing Happened: M. Holmes

Please Tell: Jessie

Once I was very scared: Chandra Ippen

Tech

Glow Kids: How Screen Addiction Is Hijacking Our Kids - and How to Break the Trance :

Nicholas Kardara

iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy--and Completely Unprepared for Adulthood--and What That Means for the Rest of Us: Jean M. Twenge PhD

Irresistible: The Rise of Addictive Technology and the Business of Keeping Us Hooked by Adam Alter

Parenting

No Drama Discipline: Seigel, T. Bryson

The Whole Brain Child: Seigel, T. Bryson

Hold On to Your Kids: Gordon Neufeld & Gabor Mate

Rest,Play,Grow: Deborah Macnamara

Positive Parenting: An essential Guide: R. Eanes

Parenting from the Inside Out: D. Seigel, M. Hartzell

Listen: P. Wipfler

ADHD

Scattered Minds: The Origins and Healing of Attention Deficit Disorder : G. Mate

The Survival Guide for Kids with ADHD: J. Taylor

My Brain Needs Glasses: ADHD explained to kids: A. Vincent

Nature/ Simplicity

Last Child in the Woods: R. Love

Simplicity Parenting: K. Payne

Grief

I miss you: Pat Thomas and Leslie Harker

Goodbye Book: Todd Parr

Grief is like a snowflake: Julia Cook

Divorce

Dinosaurs Divorce: M. Brown, K. Brown

Divorce Feels Yucky: M. Lovato, L. Lovato

Standing on my Own Two Feet: T. Schmitz