Theraplay® Level 1 Training
November 5-26, 2020 (Thursdays)
1:00pm-5:00pm CST (plus online self-paced* learning modules)

Theraplay® and The Marschak Interaction Method Assessment (MIM) are combined in this four-day training.

Theraplay® is a short-term, structured therapy which focuses on enhancing attachments. It promotes self-esteem, language skills, behavioural skills, social skills as well as enhances relationships between significant others. Theraplay can be used with a single child, an entire family or with groups of children. Professionals around the world have been trained in Theraplay and are using Theraplay in a wide variety of settings and populations, including: Attachment therapy for foster/adopted children, Therapy for trauma and abuse victims, Therapy for children with behavioral and developmental problems, and Group settings such as schools and residential treatment facilities.

The Marschak Interaction Method Assessment (MIM) is a structured technique for observing and assessing the relationship between two individuals, for example, biological parent and child, foster or adoptive parent and child, supportive caregiver and child. It consists of a series of simple tasks designed to elicit a range of behaviours in four dimensions.

Learning objectives of this course include:

- Understanding of the history and theory of Theraplay®;
- Increased knowledge on the interactional basis of parent-infant attachment and self-esteem;
- Skill development in the differentiation and use of the four Theraplay® dimensions;
- Knowledge of how Theraplay® is used to meet the needs of children with behavior problems, foster and adopted children, autistic children, adolescents, and traumatized children;
- Knowledge of how parents are guided to empathically observe and participate in Theraplay® sessions aimed at fostering better parent-child attachment.
- Knowledge of how to administer the MIM including methods of recording non-verbal and verbal behaviors, making inferences and formulating hypotheses;
- Knowledge of how an MIM report is organized;
- Knowledge of how a feedback session is conducted;
- Knowledge of how the MIM is used as a guideline for planning treatment.

Theraplay® training workshops are intensive, active and rewarding. The number of participants is limited so that each person can receive the special attention that makes for a good training experience. There are opportunities to:

- Observe live and/or video taped treatment of a family, including the assessment via the Marschak Interaction Method, feedback to the parents, and several Theraplay® sessions
- Watch videotapes of treatment with a variety of clients
- Practice the use of Theraplay® techniques
  - Plan how each participant can use Theraplay® with their own clients
Online Introduction to Theraplay and Marschak Interaction Method Training

Will be offered through the learning platform **Thinkific**

Will include webinar which include viewing of videos, online face-to-face sessions, readings, and assignments.

Components covered will include the following topics and provide 26 Unit hours of learning: will take place across 4 weeks:

**WEEK ONE (November 5)**

**Topics include zoom class (1:00-5:00pm CST) plus* independent *learning webinars and assignments:**

- get to know instructor, and introduce each group participants,
- review lesson outlines and schedule for course and for learning – review of learning materials – webinars, video clips, text readings and assignments
- History, Uses of Theraplay
- The Theory of Theraplay
- Dimensions of Theraplay
- Treatment Process
- Practice of Activities
- Marschak Interaction Method (MIM)

**WEEK TWO (November 12)**

**Topics include zoom class (1:00-5:00pm CST) plus* independent learning webinars and assignments:**

- MIM Feedback Discussion
- Parent Practice Session
- Understanding the Sequence of a Theraplay session
- Planning a Theraplay Session
- The value of touch in Theraplay
- Practice Structure Engagement Nurture and Challenge

**WEEK THREE (November 19)**

**Topics include zoom class (1:00-5:00pm CST) plus* independent learning webinars and assignments:**

- Suggested Theraplay Materials
- Phases of Treatment
- Trauma Modifications for Theraplay
- Working with Resistant Behaviour

**WEEK THREE (November 26)**

**Topics include zoom class (1:00-5:00pm CST) plus* independent learning webinars and assignments:**

- Modifications and accommodations when using Theraplay with children experiencing Foster Care, Adoption, Adolescents, Special Needs,
- Brief overview with samples of Family Theraplay, Group Theraplay
- Review of Theraplay Certification processes

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