

Feeling Words

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MAD	GLAD	SAD	SCARED	UNCERTAIN	STRONG	WEAK			
angry	joy	unhappy	afraid	bewildered	powerful	ashamed			
frustrated	joyous	sorrowful	apprehensive	disoriented	forceful	powerless			
hostile	happy	disappointed	frightened	mistrustful	potent	vulnerable			
mean	gleeful	grieving	troubled	confused	tough	exhausted			
hateful	ecstatic	low	anxious	doubtful	important	embarrassed			
bad	delighted	mournful	pensive	mixed up	confident	useless			
furious	exuberant	down	intimidated	insecure	fearless	demoralized			
raging	pleased	wailing	insecure	skeptical	energetic	helpless			
seething	elated	depressed	shy	puzzled	brave	worn out			
livid	thrilled	lonely	leary	unsure	couragous	inept			
spiteful	excited	heartbroken	terrified	surprised	daring	incapable			
vengeful	up	troubled	fearful	uncertain	assured	imcompetent			
exasperated	overjoyed	pessimistic	upset	undecided	adequate	shaken			
evil	optimistic	teary	timid	bothered	self-confident	frail			
burning	giddy	displeased	cautious		skillful	meek			
upset	smiley	despondent	trapped		determined	unable			
"losing it"	gay	discouraged	tense		firm				
"flipped"	joyful	remorseful	petrified		able				
vindictive	good	pained	worried						
murderous	loving	upset	uncertain						
irate	terrific	lonesome	panicked						
antagonistic	marvelous	abandoned	nervous						
fuming	thankful	unwanted	uncomfortable						
resentful	secure	doleful	shakey						
teed off	comfortable	overwhelmed	jittery						
beligerant	cheerful	gloomy	overwhelmed						
displeased	enthusiastic	sullen	horrified						
pained	jolly	withdrawn	shocked						
boiling	caring	low-spirited	shook-up						
disgusted	friendly	tearful	trembling						
annoyed	thrilled	blue	nausous						
pissed off	jubilant	solemn	uptight						
bitchy	content	dispairing	threatened						
perturbed	relaxed	hopeless	agitated						
grumpy	satisfied	crushed	jumpy						
grouchy	calm	miserable	uneasy						
outraged	awesome	defeated	defensive						
aggravated	amazing	desolate	hesitant						
irritated		dejected	edgy						
offended		disillusioned							
"sore"		bad							
impatient		hurt							
obstinate		lost							
hassled		"down"							
disagreeable		left out							